

An introduction to the...

THRIVE SCHOOL OF PRACTICAL SPIRITUALITY



THE VISION:

To be a cooperative community of healers, teachers, and students dedicated to learning and sharing how to live and serve in uplifting ways.

THE ORIGIN:

This collaborative school is the newest community service outreach project of the Fort Collins based **Thrive CommUnity Acupuncture & Massage**, an award winning health and wellness center founded in 2011.

Thrive's other outreach programs include its **Be Well Work Well (BW3)** initiative (which provides special services and discounts to area nonprofits, public entities, and small businesses), ongoing partnering with the Loveland Housing Authority, and a long history of special focus projects that have delivered support to first-responders, fire and flood evacuees, medical front-line personnel during the Covid crisis, and others.

THE PURPOSE:

Despite the many problems and challenges around the world, humanity and our dear planet are at a threshold of new possibilities and improved realities. We are certain that NOW is the critical time to support and empower the growing number of people whose hearts, minds, and Souls are awakening. That is, those who are realizing that they, our communities, and our institutions are meant to thrive peacefully and successfully to everyone's highest benefit.

We are pleased to witness the bright sparks of light, love, awareness, and service which shine in the lives of so many people in Northern Colorado. It is the purpose of this collaborative school to find, highlight, magnify, and support the people and organizations whose lives and work offer inspiration and uplifting modeling for us all.

THE ACTIVITIES:

The **Thrive School of Practical Spirituality** will invest in and empower people in a wide range of activities, including:

- ✚ To host presenters, teachers, workshops, and events offered by a wide range of people, organizations, traditions, and disciplines.
- ✚ To serve as a "hub" for people and leaders to connect with one another, exchange encouragement and friendship, and collaborate in imaginative ways.

- ✚ To organize community service projects to help meet the needs of special populations, while also educating the community of the caring, value, and efficacy of the participating teachers and providers.
- ✚ To provide ongoing opportunities for a lively and enjoyable exchange of different peoples' questions, insights, and modeling of what it means to live with as much awareness, consciousness, love, and kindness as possible.

THE ORGANIZATION:

Although the school is hosted under the umbrella of **Thrive CommUnity Acupuncture & Massage**, other organizations are encouraged to become collaborators and co-sponsors of the school and its events.

Several options for participation have been prepared, including advisory and decision-making roles. These processes will evolve over time under the guidance of the school's Stewards: Robert Evans (Co-Founder of Thrive) and Nikki Schmidt (Co-Convener of this school and our staff Lymphatic Massage Therapist).

THE FIRST PROJECT:

The initial "sharing, teaching, and inspiration" project of the school is a monthly discussion series entitled: **"YOU GOT THIS!" UPLIFTING CONVERSATIONS ABOUT GROWING YOUR WAY TO A FULFILLING AND LOVING LIFE.**

The idea is to host an ongoing series of speakers, often paired with others, who will share what you could consider a "work in progress" talk about their life, what they've learned that uplifts and empowers them, what they're still figuring out, "best practices" of what has served them, how they've gotten themselves out of life's pitfalls, who they've learned the most from, etc. **Stories... music... art... movement... prayer... meditation... every style of sharing is welcome!**



This series will nurture a friendly and encouraging environment where people can discover positive modeling and hope-filled strategies that empower each of us to live easier, happier, more successful, and Spiritually inspired lives.

So very many of us are making progress in manifesting ever greater Spiritual clarity and power in our everyday living. **This series is where we can come together to inspire and learn from one another!**

FOR MORE INFORMATION:

For more information, to share questions, or explore possibilities for your involvement contact Robert Evans at robert@communityacu.org or Nikki Schmidt at nikki_schmidt@ymail.com. More details at bewellandthrive.org/the-thrive-school.html