

AN UPLIFTING EVENING OF CREATION!



*To be a true human is to be an expression of Spirit.
To be an expression of Spirit is to be full of creativity & joy.*

Come experience firsthand how uplifting joyful creativity can be!



**Friday, May 26th
6:00 to 7:30 pm**

at 110 W. Harvard St.
in Midtown Fort Collins
(at Thrive CommUnity Acupuncture)

Limited seating - RSVP Required
More info & registration at
Thrive School of Practical Spirituality
BeWellandThrive.org

No fee and a donation requested
to **ASPIRE 3D**
LOVELAND HOUSING AUTHORITY

This monthly **"You Got This! Uplifting Conversation Series"** is designed to help you breathe in and celebrate the IN-SPIRIT-ATIONAL JOY that is YOUR divine birthright!

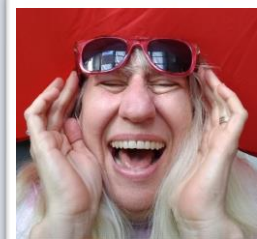
Presenters **Chelsea Glanz**, **Jonathan Sadler**, and **Miriam Gassman** will share their inspirational journeys of self-discovery, creation, and joy!



Chelsea Glanz
Artist/Creativity Teacher



Jonathan Sadler
Musician/Handpan Drum



Miriam Gassman
Laughter Yoga Leader